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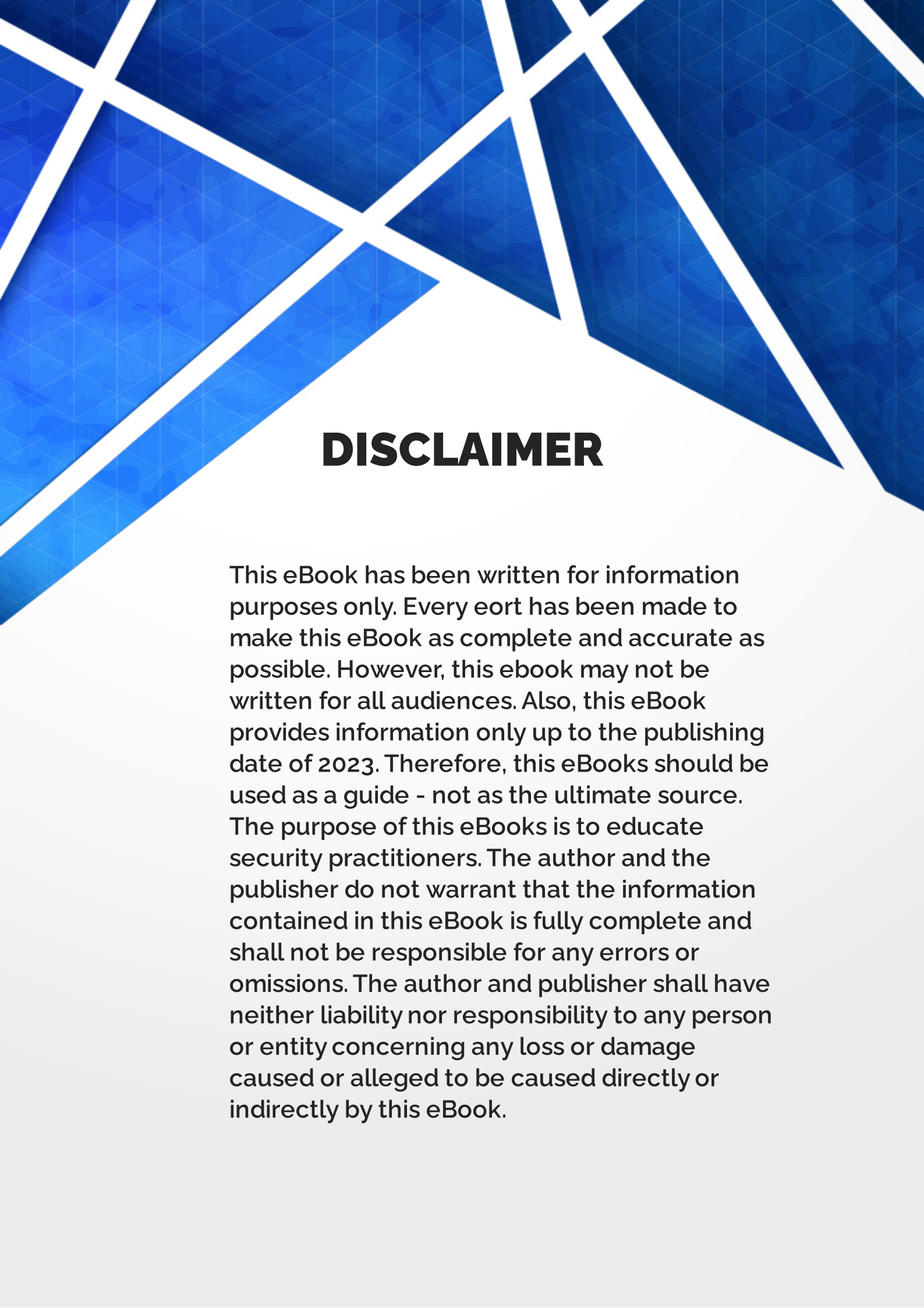
SECURITY QUANTUM INVESTING

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SECURITY ENTREPRENEUR MINDSET



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TABLE OF CONTENTS

01	Perseverance
02	Passion
03	Insight
04	Accepting the Risk
05	Time Management
06	Self Worth
07	Flexibility
08	Action Driven
09	Tearing down Walls
10	World class Habits

INTRODUCTION

Congratulations! The fact that you're reading this book means you recognize that you're not performing at your peak. Kudos on your honest self-reflection.

That's not to say you don't work hard. You most likely work very hard indeed.

You put in the extra hours and make the effort to go above and beyond. You consider yourself motivated and driven.

You try to stay organized, manage your time, schedule diligently, delegate, and all the rest of it.

Yet, you feel frustrated because you just know that you can do better. For some reason, all your efforts are not achieving the spectacular successes that they should be.

In fact, you often feel stuck in place and fighting a losing battle.

You often look at high achievers with envy and wonder what their secret is. What is it that allows them to skyrocket ahead seemingly effortlessly? How do they manage to leap from one spectacular success to the next? What makes them stand out and shine at whatever they do?

What's the secret?

So, what do super-achievers have that you don't? The short answer is - nothing! High achievement is not a product of luck, nor is it an innate quality that some people possess.

Anybody can become a high achiever wherever they are in life and whatever their personal goals may be. Becoming a high achiever simply means attaining your personal greatness.

Like any skill that needs to be learned and honed, high achievement can

What you'll get from this ebook

First, you'll get a quick rundown of the common traits and qualities of high achievers. You'll be able to assess yourself against them where you are now.

More importantly, you'll begin to recognize the emergence of these traits in yourself as you begin to practice your daily habits.

Developing good habits starts with recognizing the negative habits you need to break. So, you'll also get a brief rundown on habits that could be sabotaging your ability to become a high achiever.

Finally, this ebook will walk you through 10 powerful habits common to all high achievers.

Most of them are simple, and some of them may actually surprise you because they're so mundane.

While each of the 10 habits is highly effective on its own, practicing all 10 on a daily basis is guaranteed to bring about a remarkable transformation in how you go about doing tasks and achieving goals.

These habits feed off each other and feed into each other so that their compounded effects will make you an invincible super achiever!



LEARN HOW SUCCESSFUL PEOPLE THINKS

There are a tiny number of people who wake up every day and say that they are excited to go to their job. There is an even smaller number of people who wake up and declare that they are happy to work for "the man" and listen to a boss.

Most people dream of working for themselves and running their own business. They want to be an entrepreneur, and they want to be able to work for themselves. However, not everyone is cut out to lead the life of an entrepreneur.

To be an entrepreneur you have to think differently than everyone else. While most people tend to seek refuge in their daily lives, entrepreneurs like to seek out risks and challenges.

They don't want to work at a 9 to 5 job; they want to create jobs and help to better the lives of those around them. Their primary goal is to think outside the box.

LEARN FROM THE SUCCESS OF OTHERS

The belief that successful entrepreneurs are born, not made, is absurd. Contrary to what many think, entrepreneurship can be learned by anyone.

Successful entrepreneurs all possess a standard set of characteristics. If you want to begin to develop an entrepreneurial mind, you'll need to make sure that you start to develop some of the same traits if you don't already possess them.

Successful people have certain habits and ways of conducting themselves compared to most people.

This allows them to get more done during the day and allows them to have the right mindset that is needed to be more successful.

Some people are lucky enough to be born with these characteristics, while others find a way to incorporate them into their daily lives. Here are the seven traits that you need to have if you want to be more successful in your life.

1. PERSEVERANCE

The first characteristic that successful people possess is tenacity. What does tenacity mean? When someone has tenacity, it means that they don't take failure personally and they will keep working, sometimes for years, to get the things that they want in their life.

When you have tenacity, you will never give up and will always bounce back when things get in your way and not quit when you run into obstacles or experience setbacks. Instead, when you possess tenacity, you always try something that is new, or you try to find another, more straightforward, way to do something.

When others get frustrated, they often just give up and return to their old, comfortable way of doing things. This is not the case with successful entrepreneurs.

When entrepreneurs get frustrated or fail, they merely shrug their shoulders and continue to move forward with their plans. You may be thinking that that's because successful people don't fail.

However, it's not that successful people don't experience failure in their daily lives; in fact, they are much more likely to have continuous failure because they continue to try and try again, even after experience setbacks and failure.

The difference is that those who are successful have an understanding that failure is a fundamental part of the game, and not something to warrant giving up on their dreams.

2. PASSION

No matter what you believe or what you've been told, you will never be able to find success if you aren't passionate about what you do.

Think about it this way; when you continually show up to a job that you don't like, what usually happens? Do you enjoy the work that you do daily? Are you given raises every year? Are you given the opportunities to advance? Are you given promotions? If you aren't passionate about the work you do, the answer to these questions is usually no.

For most people, they don't enjoy their jobs and don't like to spend time at work. This results in them not being able to see any improvements or changes in their situation, keeping them stuck in the same position as before.

Alternatively, when you are more passionate about what you are doing, the chances are higher that you will go the extra mile when performing your work.

You will be more excited to go to work every day and be more willing to get things done. You will be much more excited to see what can happen, and nothing will stop you in your pursuit to accomplish your goals.

This is even true if you are stuck working for a company that you aren't necessarily happy with because the thought that you will one day be somewhere better will help you to stay motivated and keep going.

Your coworkers and supervisors will notice your enthusiasm and passion for what you do, which will lead to you either being promoted or allow you to strike out on your own with the skills and training you've developed.

3. INSIGHT

One defining trait that all successful entrepreneurs possess is that they have the vision to see an opportunity and then see something in that opportunity that others are not able to see. People that have vision will always possess a curiosity about the world around them.

This curiosity leads them to spend their days looking at the world around them to figure out how they can change things; making them different, unique and better. They seek to improve the world around them and find easier, more cost-effective ways of doing things.

They are also able to take a risk and take action on their vision. This is because they know that what they are trying to accomplish will be something big, even if they aren't yet knowledgeable about the entire process needed to make their vision a reality.

Many times, these individuals will come face to face with others who believe that they are making a horrible decision, or that they don't have the first idea about what they are doing.

This does not affect people who are successful because they know they are right and they will make the most out of every situation they encounter

4. ACCEPTING THE RISKS

The unknown can be scary. It can make it difficult to know what is going to happen or if something is a good idea. The unknown means that there are risks involved in everything that you do and that everything has the possibility of going completely wrong.

Most people dislike the unknown, making it easier to stay in a job or at a company they don't like just to avoid the risk of the unknown. They want the security that goes with never making a change, knowing that everything will always be taken care of for them. This mindset, while safe, will never help them become successful.

Successful entrepreneurs have come to accept the things that they don't know. They understand that risk is merely a part of life and they see how those risks will help to make them more successful in the long run. They aren't scared of the unknown. Instead, they see it as an excellent opportunity for them to make a difference in their lives.

Entrepreneurs who are successful, also understand that not all risks are created equal. They know that there is a substantial difference between taking a foolish risk and a calculated risk.

A foolish risk is one that is undertaken without performing any due diligence or accounting for the possible

5. TIME MANAGEMENT

It's rather simple to get to work each day only to discover that you are wasting a ton of time on meaningless tasks.

You might be someone who spends a lot of time online checking your emails, taking unnecessary time answering phone calls, chatting with those around you when you need to ask a simple question, or spending too much time searching for the things that you need to accomplish your daily tasks.

Focusing on menial tasks throughout the day, which don't move you toward completion of your essential job duties, is a waste of your time and will cause you to have to put in extra time at work, just to complete your daily responsibilities.

The difference between successful people and the rest of the population is that successful people know how to manage their time correctly. They are extremely organized, which allows them to find what they need without wasting valuable time.

They shut their doors and turn off their email so that they can accomplish what they need to without any interruptions. They can get more done during the day, and still leave work on time.

Learning how to become better organized and developing excellent time management skills will help you accomplish more and become more successful in life.

\$UCCESS\$

6. SELF WORTH

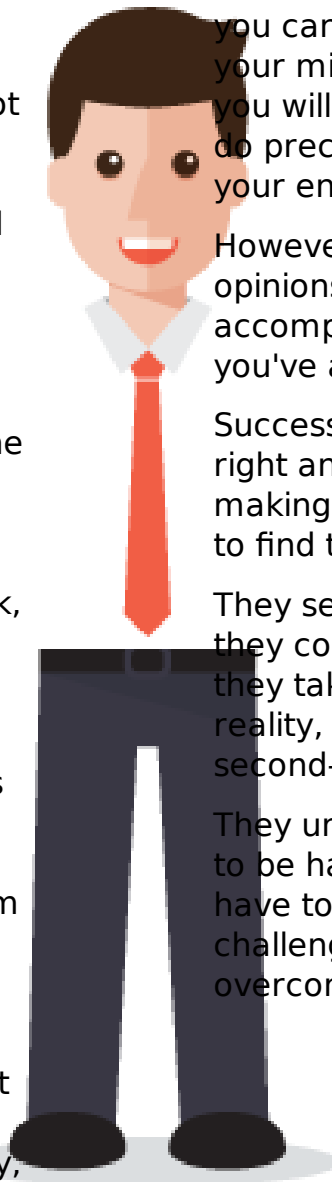
The next thing that you need to have in your life if you want to be successful is self-confidence. If you don't believe that you can accomplish anything you put your mind to, the chances are high that you will continue to sit at your desk and do precisely what you've been doing your entire life.

However, if you have faith in your ideas, opinions, and abilities, you will be able to accomplish your goals and have the life you've always dreamed of having.

Successful people know that they are right and that they are capable of making the right decisions for their lives to find the success that they seek.

They see something that is great, or they come up with a brilliant idea, and they take action to turn that vision into a reality, rather than sitting around second-guessing their decisions.

They understand that things are going to be hard at times and that they will have to deal with setbacks and challenges, but they know that they can overcome anything.



7. FLEXIBILITY

When you have the dream of being a successful entrepreneur, you have to learn how to be flexible. When you are pursuing success, you will not always know what's coming and have to be flexible and willing to change course when roadblocks appear and when you experience setbacks.

Successful entrepreneurs know that things won't always be perfect and that they will have to deal with issues as they arise. They know that things can go wrong.

The difference between successful people and others is that successful people can take a step back, analyze the path they're on, and make necessary adjustments when needed so they can get back on track.

Successful entrepreneurs have to be flexible in every aspect of their business. They have to have the flexibility to change

when things aren't going their way to avoid throwing good money after bad ideas. They have to be flexible and adapt when things are going well, and not succumb to the philosophy that if it isn't broke, don't fix it.

This allows you to stay ahead of the competition and provides you with the opportunity to find better ways to compete and exceed the expectations of your customers.

8. ACTION DRIVEN

High achievers are doers. Inaction, procrastination, and delay are dirty words to them. They're just not part of their mindset.

High achievers roll up their sleeves and get things done. They don't overload themselves with information or spend hours in detailed planning. They've learned not to fear taking risks and usually take action with minimal planning.

In a nutshell, inaction is simply not an option regardless of the situation.

They have clutter-free lives

High achievers are well-organized because they take care to keep their lives clutter-free. Their homes, workspaces, even their cars and garages are typically tidy, streamlined, and free of superfluous clutter. They keep on hand only the essentials they use on a daily basis.

A clutter-free life goes beyond the mere physical. It gives high achievers amazing mental clarity, focus, and peace of mind. In other words, physical decluttering declutters the mind as well.

They take charge

High achievers make great leaders and managers; their proactive mindset drives them to leap up and take charge when decisive action is needed. They do this naturally without the intention of offending or showing off. And because others recognize this, they're more than happy to follow.

This quality serves them well in crisis situations and team management – and naturally, opens the door to greater opportunities.

9. TEARING DOWN WALLS

It's helpful to stay alert for these achievement-hindering habits and when you catch yourself practicing them, quickly and firmly stop and do the opposite.

Procrastination

"I'll do it tomorrow... I need some time to think this over... the timing's not right... the world won't end if I postpone this for a bit..."

These thoughts are all too familiar to all of us. They're the typical excuses we make when we choose inaction over actions.

Whenever you start procrastinating, stop immediately and act on what you're procrastinating about. Even just planning what you're going to do and taking the first step on a given task will motivate you to keep going. You can even schedule a task and stick to your schedule. Just don't put it off indefinitely.

Seeking approval

Struggling to gain the approval of others can really derail you on your journey to personal greatness. When your goal is to gain approval, you become more approval-focused than outcome-focused.

Always do what satisfies you and fulfills your needs and goals first. Never compromise your personal values in exchange for anyone's approval. Your success will be bittersweet because you know you've sold yourself out.

Finally, let your successes and achievements speak for themselves. Do things on your own terms. If others are

Self-doubt

Self-doubt and negative self-talk can cripple you. You become fearful of taking risks, thinking outside of the box, and seeking new opportunities.

Be alert to your negative self-talk and immediately kill it by mentally listing all your unique skills and all of the reasons why you can – and will – succeed.

Comparing yourself to others

Having role models who inspire you is a great way to go. You should seek to emulate them but within your own capacity and take from them what works for you. But comparing yourself to them or anyone else is an extremely negative practice.

Comparing yourself to people who are more successful, better looking, richer, or whatever else can breed very toxic emotions and cause your self-confidence to plummet.

Comparing yourself to those who are less successful, less popular, or less wealthy leads to feelings of superiority – an equally toxic emotion that weakens your competitiveness and ambition.

Seeking perfection

If you're a chronic perfectionist, it's unlikely that you'll become a high achiever. This may come as a surprise because it seems logical to associate high achievement with perfectionism.

High achievers understand that perfection is unattainable and therefore, they don't insist on it. That doesn't mean they don't deliver outstanding results. They give it their best and move on

10. WORLD CLASS HABITS

Habit #1: Have a crystal-clear vision and keep it alive

Vision brings purpose and meaning into your life. This is why all high achievers are great visionaries. Some dream big, others have modest dreams but their clear vision is always their primary motivator.

Vision gives direction to your life and motivates you to rally your efforts and energies towards that final goal or destination. Having a clear vision keeps you fired up, optimistic, and determined to overcome any obstacle that comes between you and your dream.

Amazingly, this passion and drive extend to all that you do, even if it's not related to your vision. In other words, by clearly defining your vision and keeping it top of mind, you're sowing the first seeds of high achievement!

How do you clearly define your vision?

First, you need to put it in writing to bring it to life and make it more tangible for your brain to process. Simply write one or two brief sentences describing your biggest dream.

"My dream is to grow my local business into a global brand..."

"My dream is to retire early and run my own farm..."

My vision is to become the leading expert in my field..."

Daily practice: Once you've identified your vision, you need to keep it alive

Here are two ways to do that:

1. Do one thing every day that brings you closer to realizing your vision. In a nutshell, keep your vision alive and present, even if you're unable to pursue it full-time in your current job or situation. Read a chapter of a book, listen to a podcast, learn a new skill, or hone a current one... just take one action related to your vision every single day.

2. Visualize your dream for 5 minutes each day by closing your eyes and imagining that you've already achieved it. Create vivid mental scenarios of what your life will be like and allow the positive emotions to fill you with joy and hope.

Habit #2: Become a problem-solver and troubleshooter

If you want to see a super achiever in action, tell them that something can't be done. That's all they need to hear in order to jump in with both feet and find a way to get it done!

As discussed earlier, a high achiever thrives on challenge and problem-solving is high on their list. They also view it (very wisely) as an opportunity for growth and learning.

Now, most of us don't welcome problems with open arms or actively seek them out. How often have you heaved a sigh of relief when somebody else was tasked with tackling a wrench in the plumbing? When you become a high achiever, you'll not only volunteer but feel insulted if you're turned down!

Daily practice: This habit is easy to develop - just actively seek out problems and find effective ways to resolve them! Don't worry, it gets easier (and fun) with practice. Here are some useful tips to help you g

-Consider multiple solutions then narrow them down to the best one.

- Do online research.

- Ask an expert for advice.

- Find out why the problem happened.

This could give you clues as to what needs to be done to resolve it.

- Draw on prior experiences where you faced a similar issue and recall how it was resolved.

- Think out of the box. Sometimes, the wildest solution could be the one that works.

- Stick to your guns! Persistence is a key characteristic of a super achiever. Keep trying until you achieve sweet success

Habit #3: Accept full responsibility for your actions

Super achievers are notable for their strong personal discipline. This includes their willingness to take full responsibility for their actions. Taking responsibility basically means holding yourself accountable for the outcomes you initiate, both the good and the bad.

You take full credit for your personal success and rely on yourself to achieve it. Likewise, you take responsibility for your mistakes and rely only on yourself to resolve them.

Daily practice: Learn to take responsibility by adhering to the following practices:

- Keep your commitments and promises. This is key for gaining the trust and respect of others but more importantly, fostering your own self-respect and integrity.

-Don't blame others or make excuses. This is just a waste of time and won't resolve an issue or fix a problem. Even if others are to blame, if the negative outcome affects your success, consider yourself responsible and set things right.

-Take responsibility for your words. Be sincere and honest at all times. Take responsibility for your thoughts and feelings as well. Express your emotions in healthy, inoffensive ways and try to keep your thought positive.

- Don't take things personally. You have a vision to pursue and your greatness to attain. Don't mire yourself in trivial quarrels and feuds. Don't bear grudges and just let these negativities evaporate. And remember – in most cases, it's not personal at all.

- Celebrate your wins. Never forget to take responsibility for your brilliant successes, as well. Celebrate them to the fullest and give yourself a big pat on the back. After all, you're responsible for them!

Habit #4: Reconcile with your past

Ruminating about past mistakes, failures, and negative experiences is one of the key obstacles to achieving greatness. For some people, it's a key obstacle to any real success or advancement.

Dwelling on the past is when you regularly revisit negative situations and experiences that happened in your life. You run these scenarios in your head, fueling emotions of guilt, shame, bitterness, and resentment. These emotions sap self-worth, optimism, and motivation like nothing else.

As you can guess, a high achiever never looks back but always forward. They're totally reconciled with themselves and with their past. That's what you need to do as well.

Daily practice: If your past is haunting you, you need to reconcile with it. Here are several options you can practice daily to ensure that the past stays in the past where it belongs!

- Distract yourself immediately when you find your mind drifting back in time. Prepare a list of short activities that you can engage in to distract yourself and boost your mood. This could include listening to music or meditating for 10 minutes, going for a short run, calling up a friend to chat, etc. Make sure to choose activities that uplift and relax you.

- Practice mindfulness exercises. Mindfulness is a powerful tool that trains your mind to stay present in the here and now. Mindfulness exercises are simple and enjoyable. They'll gradually wire your brain to dwell less on the past and remain focused on the present. A quick Google search will come up with a large variety of mindfulness exercises to choose from.

- Forgive yourself. Take a few moments for honest self-reflection. Acknowledge how your negative emotions are preventing you from living life to the fullest. Acknowledge your mistakes and failures and understand that you've learned from them and that they've made you stronger. Finally, make the heartfelt commitment to release those emotions and forgive yourself.

- Apply the same method to forgive others as well. Bearing grudges isn't going to change what happened. Releasing and forgiving others will liberate you from some very crippling emotions.

- Create positive memories. Creating a store of happy memories enables you to

Choose to control what you can. You can't control the past or redo it. The same goes for the future. But you can choose to control what you have in the present to shape a great future. Ask yourself each day: what can I control today that will bring me one step closer to my vision? Then take action!

Habit #5: Stay alert for opportunities

Your career or life situation may be perfectly aligned with your vision. You're happy in your job or marriage, or perfectly satisfied with your present circumstances as they are. You want to work with what you have to shine and bring out the high achiever in you.

On the other hand, you may not be satisfied with where you are now because you feel stifled and realize that you'll never soar to greatness in your present situation.

In both cases, you need to stay alert for opportunities. In the first scenario, your search will be for opportunities that supercharge your success and achievement even more. In the second, you need to seek opportunities to change your status quo and align yourself with your purpose.

Daily practice: Stay alert for opportunities every day by putting the following into practice. And remember, even a tiny opportunity seized can lead to great things.

- Foster great relationships. Make sure you create and foster honest and open relationships with everyone in your life. Always try to give more than you receive. Your reward will be unlimited support and encouragement, as well as some surprising opportunities.

- Never stop learning. High achievers are continuously learning and growing. Make it a habit to learn new skills, languages or earn degrees and qualifications. They don't



As a high achiever, you need to adopt the mantra 'failure is not an option'. This mindset breeds remarkable persistence. That's why high achievers are able to quickly bounce back from setbacks stronger than ever. That's also why they never give up.

Daily practice: You can develop invincible persistence by tackling tough tasks and big projects as follows:

- Raise your expectations. When faced with a challenging task, always expect it to be super hard. This will mentally prepare you to put in the time, effort, and patience as well as to expect challenges along the

- Give yourself enough time. In addition to raising the bar, don't limit yourself with a tight timeframe (not always possible but whenever you can!). Plan well, think things through and give the task the time it deserves to become a success.

- Know your 'why'. Find a way to relate the task at hand to your vision. Ask yourself why you're doing this. Is it to enable you to switch to a career more aligned with your vision? Is it to earn enough to start making your vision a reality? Having a strong 'why' will give you the

Habit #7: Be a pro at decision-making

High achievers never suffer from decision fatigue. This is one of the big gains you can expect when you become a high achiever yourself. Decision fatigue means the perpetual inability to make timely and purposeful decisions. It's one of the most frustrating and stressful challenges you face on a day-to-day basis. It's also a huge productivity and achievement-killer.

High achievers are pros at timely and effective decision-making. It's one of the core factors that enable them to keep the ball rolling, seize opportunities, outpace the competition, and skyrocket from one success to another.

Daily practice: Kick your habit of indecision with the following steps:

- Start small. Train yourself to make one or two quick decisions every day, ideally in less than a minute. This could be deciding what to wear to work, choosing between two food brands at the supermarket, or deciding what to order for lunch. Quickly weigh up the options and make a choice. This will speed up your thought process and decrease endless hesitation.
- Don't overload yourself with information. You don't need to pore over endless figures, statistics, or reports. Sometimes, information overload can lead to confusion and more hesitation. Decide beforehand what basic information you need to make the decision.
- Have a plan B. Control risk factors by always having a plan of action in case the decision doesn't achieve the intended outcome. Having a plan B

Habit #8: Don't shy away from taking risks

The fear of taking risks is possibly the main reason that holds people back from becoming high achievers. High achievers don't exactly welcome risk with open arms, nor do they take hasty action despite their adventurous spirit.

They understand that there's a risk factor in virtually anything and refuse to let that hold them back. They also understand that big achievements sometimes require taking big risks. You can also empower yourself to be mentally prepared to take risks and overcome your fear.

Daily practice:

- Plan well. Consider all the various outcomes of a decision or action and plan well once you opt for it. Do your due diligence, gather the information you need, and consult qualified sources. Then, go ahead knowing you've done your best.
- Have a risk management plan. Assess the risks and create a risk management plan to quickly get back on track and minimize loss.
- Identify the 'why'. This is another case when knowing your 'why' is a powerful tool that gives you the courage to act. The more your 'why' is aligned to your vision and purpose, the more willing you'll be to give it your best despite the risks.
- Reframe your fear. The best way to overcome a fear is to reframe or into something positive. When you're assessing risks, consider them as possible advantages. Rather than leading to a setback, or loss, consider the unseen opportunities that this could bring.

Habit #9: Prioritize priorities

We all have priorities that we either tackle with daily to-do lists as well as weekly or monthly schedules. The problem is that once we set those priorities, we think they're carved in stone.

High achievers are keen on getting their priorities straight. The difference is that they're prepared for unexpected changes that could either change the order of priorities or require new ones altogether.

Daily practice: Stay on top of your priorities to stay on track with your success journey by practicing the following:

- Set short-term and long-term priorities. Separate your priorities into daily, weekly, and monthly ones. This makes it easier to revisit and reassess them as needed.
- Assess regularly. Revisit your priorities lists regularly to see if anything has changed. For example, review your daily priorities each morning to make sure you've scheduled tasks accordingly and whether a changed deadline requires putting one priority before the other. Do the same with your weekly and monthly goals, making modifications if needed.
- Be flexible. Develop the mindset of flexibility when it comes to scheduling and setting priorities. Many of us subconsciously think that a schedule needs to be stuck to no matter what. But things are constantly changing and unexpected situations arise almost every day. A flexible mindset will ensure a less stressful day and train you to quickly adapt to changes.

Habit #10: Stay super healthy

The mindset of high achievers makes them naturally health conscious. They maintain their physical health by eating a nutritious diet and regular exercise. They make sure they get enough sleep and diligently de-stress. They also believe in the importance of strong mental health through relaxation and entertainment.

Great physical and mental health is essential for maintaining clarity, focus, and high energy levels - as well as boosting all the other qualities of high achievement.

Daily practice: In addition to having a good health routine in place, here are a few suggestions for daily habits that'll keep you in peak health:

- Start your day with water. Drink two big glasses of water as soon as you get up in the morning. If you've never tried it before, you'll be amazed at the difference in your energy level. These two glasses of water will give your body an instant charge-up that keeps you energized and focused. It will prevent energy crashes and mental fog as well.
- Take frequent breaks. Keep your posture healthy and refresh your brain by taking frequent breaks to stretch your legs and de-stress. A great idea is to take a 5-minute walk or run in place for a few minutes.
- Take a nap. Studies show that a deep 10-15-minute nap in the afternoon can be as refreshing as a full night's sleep. If you're feeling drained and have the luxury to do so, try this quick pick-me-up.
- Have a fruit smoothie. When that craving for sugar hits you, have a smoothie containing an assortment of your favorite fruits. It'll satisfy your sweet tooth and give you an energy boost as well.

CONCLUDING WORDS

Being successful is not something that is unattainable. If you dream of becoming a successful entrepreneur, you have to begin to develop the seven characteristics of the entrepreneurial mindset.

You don't have to be born with this mentality, however, it does take time for it to be developed. Anyone can be successful with the right attitude. Take charge of your life, and you will find that you can be as successful as you desire. The only one standing in your way is you.

trust yourself

STAY ACTIVE ON YOUR ENTREPRENEURIAL JOURNEY

Turning practice into habits

For these 10 practices to become life-changing, you need to grow them into full-fledged habits. The only way to do that is with consistent practice.

Practicing them on and off is not going to develop the mindset of a super achiever. But consistent daily practice will rewire your brain to slowly ingrain them in you.

You can start small with one or two that you practice daily until you find them coming naturally to you. Then you can add two more and so on until all these practices become powerful habits – and part of your new life as a high achiever. Finally, now that you've read this book, ask yourself again, what does a super-achiever have that you don't? Your answer should be a resounding 'absolutely nothing'!



YOUR JOURNEY HAS JUST BEGUN



We hope this ebook has made you want to take steps in achieving a bulletproof mind. Your mind is goal-oriented, decisive, and reducing the negativity. You'll want to share your thinking with others, and in turn, make the world a better place. With that said, here are some pointers you need to remember.

THIS IS NOT AN OVERNIGHT PRACTICE

To change your thinking around, you'll need to train yourself. Think of your brain as a muscle. If it's not in shape, it takes a bit of strenuous training before it's in shape, and that's the same with changing your thinking.

Try doing it slowly. Work at one part of you at a time. For instance, maybe spend one week becoming more decisive, and then another trying to work on your purpose. By trying to do everything at once, you'll get overwhelmed, and you may suffer because of it.

FAILURE IS PART OF PERFECTION

Do you have a day where you feel negative? Did you have a week where you didn't put much effort into accomplishing your goals? It's fine! Everyone is going to have their off days and weeks. The important thing is that you don't use that as an excuse to continue down that path. It's like dieting.

What works for one may not work for you. While this book is a great guide for everyone, we understand that not everyone can change their mind in these particular steps.

Some people take different steps, or do them out of order. It all depends. You can take the advice of this book and change it to best suit your mind. If you get something good out of it, we don't care if you don't follow the directions to a T. As long as you reach your destination, taking a different road won't matter.

If you take a risk and it ends up failing, don't give up. We said this before and we'll say it again: you have to fail a few times before you succeed. The important thing is that you learn from your mistakes and self-correct as you try again.

THANK YOU

We Welcome Your Feedback

You Can Contact The Author At: www.drsvan.com

